



Curated Adventures



MOVING
MOUNTAINS



PLAYING THE ALPHORN:

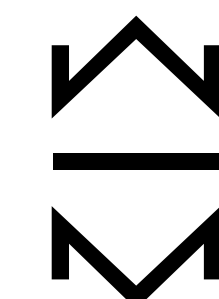
SWISS TRADITION WITH
SPECTACULAR MOUNTAIN VIEWS

This Curated Adventure is a one-of-a-kind cultural experience celebrating the art of the alphorn, one of the oldest customs of the Alpine region. Where could be more fitting for this uniquely Swiss activity than the panoramic Tschuggen platform?

Duration: 1 hour

Free of charge on 23.07., 06.08., 20.08. and 03.09.2024

CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**



FISHING IN AROSA'S MOUNTAIN LAKES: AT ONE WITH NATURE

Enjoy a morning in idyllic tranquillity, surrounded by a relaxing mountain panorama. Learn more about nature-friendly fishing from our expert. Once you've scored your catch from the shore or jetty, our talented chefs will manage the rest. Look forward to an evening meal to remember!

Duration: 2 hours
Free of charge on Mondays
CHF 200 (1 to 4 people)



GATHERING MUSHROOMS AND BERRIES:

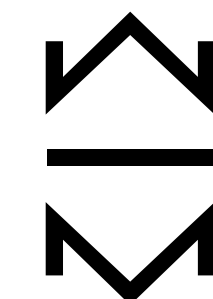
GIFTS OF THE FOREST

Join us on a tour of discovery through the forests of Arosa as we forage for wild mushrooms and berries. Back at the hotel, our professional chefs will transform your harvest into a delicious risotto, indulgent pasta or sweet jam.

Duration: 3 hours

Free of charge on Wednesdays

CHF 200 per person (1 to 6 people)



**MOVING
MOUNTAINS**



CHASING THE SUN AT THE OBSERVATORY:

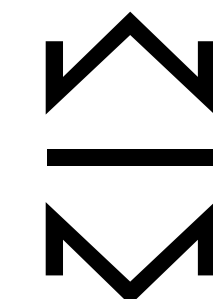
A JOURNEY INTO SPACE

Hop aboard the Tschuggen Express to the Tschuggen Platform and enjoy an aperitif with local speciality ingredients before heading onwards to the observatory. Dive into the fascinating world of astronomy and enjoy the opportunity for conversation and reflection during a mindful guided observation of the sun.

Duration: 2 hours

Free of charge on 12.07., 15.07., 16.08. and 06.09.2024

CHF 300 (1 to 6 people)



**MOVING
MOUNTAINS**



CAIRN-BUILDING:

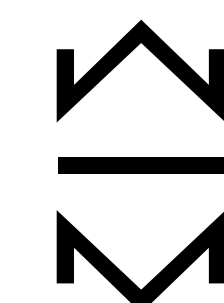
BALANCE AND FINESSE

In the past, cairns served as waymarkers; today, they are a transient form of art. Stack stones carefully to create your own sculpture and experience the meditative calm of this creative pursuit. Afterwards, you'll have the chance to survey the fruits of your labour – and the breathtaking mountain views – over a tasty picnic.

Duration: 3 hours

Free of charge on Thursdays

CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**



A TRADITIONAL GRISONS SANDWICH IRON:

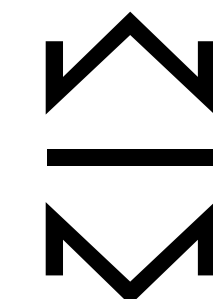
THE TASTE OF THE MOUNTAINS

In this tasty Curated Adventure, Salsiz (Grisons sausage), Bündnerfleisch (Grisons meat), cheese and other local ingredients are combined in a traditional sandwich iron and prepared over an open fire. Join us to celebrate the rich variety of Grisons flavours

Duration: 1.5 hours

Free of charge on Tuesdays

CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**

Empowering Expeditions



MOVING
MOUNTAINS



KNEIPP TREADING:

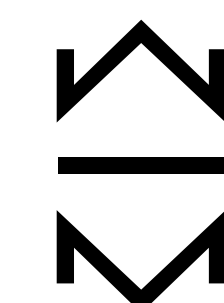
THE INVIGORATING FORCE OF THE MOUNTAINS

Explore the healing powers of Kneipp therapy with our Outdoor Butler as you learn how to 'stork walk' in the cool water. Afterwards, a refreshing picnic with dreamy views of the valley awaits.

Duration: 2 hours

Free of charge on Friday

CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**



MOUNTAIN LAKE SWIMMING:

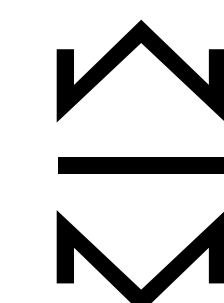
ICE-COLD REFRESHMENT

You can't get better than a refreshingly cool dip on a warm summer's day – and the mountains of Arosa are the perfect place to do it. Dive into the crystal-clear waters of Älplisee or Schwellisee, surrounded by breathtaking nature nature.

Duration: 2 hours

Saturdays free of charge

CHF 200 (1 to 6 people)



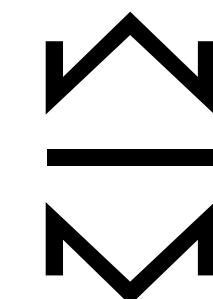
**MOVING
MOUNTAINS**



A SUNRISE HIKE ON THE HÖRNLI: GREETING THE DAY

Sunrise in the Grisons is an experience all of its own. Enjoy a challenging hike from the valley station followed by an energising breakfast in the mystical morning atmosphere: an experience that will stir the heart and stay with you long after it is over.

Duration: 3 hours
Free of charge on Saturdays
CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**



A NATURAL SPA UNDER THE WATERFALL:

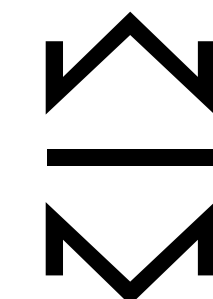
SHOWERING IN THE OPEN AIR

This Empowering Expedition celebrates the uniquely refreshing qualities of the natural spa under Altein Waterfall. Savour the clarity and freshness of the flowing water before refuelling with a cosy picnic: an unparalleled experience to revitalise the body and soul.

Duration: 3 hours

Free of charge on Sundays

CHF 200 (1 to 6 people)



**MOVING
MOUNTAINS**

T S C H U G G E N G R A N D H O T E L
A R O S A